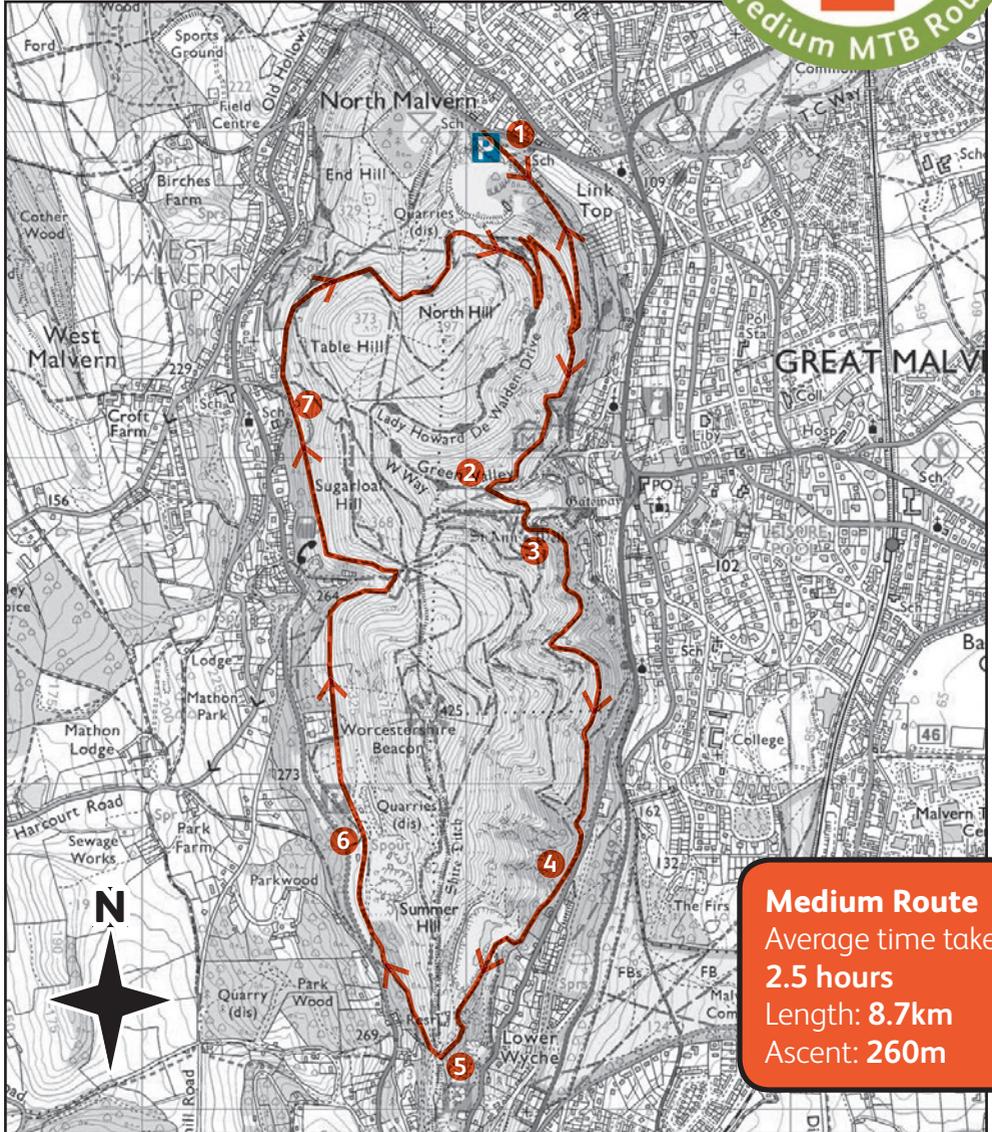




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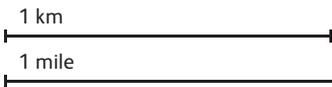


# Malvern Hills Mountain Biking Trail



**Medium Route**  
 Average time taken:  
**2.5 hours**  
 Length: **8.7km**  
 Ascent: **260m**

Scale



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Enjoy your ride!

### Medium Route

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## This route card will help you to follow the Medium Mountain Biking Trail around the Malvern Hills. The route starts from North Quarry car park (pay and display) although you can start at other locations around the route.

There are some climbs along the route – we are the Malvern Hills after all – but they are well worth the effort for the view from the top. Our trails are not graded for difficulty and, depending on your skill level, there may be times when you wish to dismount.

### Directions:

- Take the main bridleway up from North Quarry car park **1** to the left of the parking meter and follow the bridleway as it climbs along the side of the Hills.
- At the top of the climb, pass below the face of Ivy Scar Rock and continue straight on along the bridleway.
- As you continue, a tarmac road can be seen below the trail. Continue until you reach a junction with this road **2**. Here, cross the valley and the stream to follow the bridleway that climbs the other side.
- Continue up this bridleway until you reach a grassy plateau with views towards Bredon Hill. Keeping the grassy area on your left, go over the brow of the hill and descend to the main path behind St Ann's Well and Café **3**. Stop here for refreshments if you wish.
- To continue, take the bridleway signposted 'Wyche Road' and follow through woodland until you descend to meet the main road **4**.
- Do not join the road but continue along the bridleway up the slope signposted 'Wyche Cutting'.
- At the top of a steeper section of the climb, take a left as you join a surfaced path then take the first right heading uphill.
- Keep right and continue uphill to reach the 'Gold Mine' **5**.
- Cross the main tarmacked path and follow a grassy bridleway signposted to 'Hayslad'.
- Where the path splits, take the lower path and continue to West of England car park.
- Take a right as you reach the tarmacked car park entrance and continue through the car park until you reach a junction of several paths/tracks **6**.
- Follow the track signposted to 'Hill Side Cottage' and where the path splits, take the right hand grassy bridleway to pass behind the cottage.

- Continue following the bridleway along the side of the hill and then head right to begin a climb.
- At the top of the climb take a sharp left down a wide, surfaced bridleway towards West Malvern.
- Follow this bridleway downhill and pass Westminster Bank Spring on your right **7**. The Sugarloaf Café can be found just to the west of the route, down Westminster Bank.
- To continue, follow the bridleway immediately in front of you which heads back uphill.
- Where the path splits at Joyner's Meadow, continue to head uphill signposted 'Great Malvern' and follow the bridleway around Table and North Hill.
- As Great Malvern comes back into view below, and the bridleway begins to descend, take note of a waymarker to your right which indicates a sharp bend to your left.
- Descend a short set of steps and follow the path as it zig zags down the slope until you reach a path junction below Ivy Scar Rock.
- Take a left here and follow the bridleway back down to North Quarry car park and your starting point.

### Access information

Please be aware that the Malvern Hills are a shared space and there are many visitors here enjoying the outdoors.

The habitats of the Hills are particularly special so please keep to the waymarked route and the other bridleways of the Hills.

Cycling is not permitted on the footpaths of the Hills and please don't create your own off-road trails as this can damage the special habitats.

Please give way to other visitors and respect those who may be travelling at a slower pace than you.

Bridleways on the Malvern Hills can be found on OS Explorer Map 190.

### For more information about cycling on the Hills, please visit

[www.malvern hills.org.uk/visiting/cycling](http://www.malvern hills.org.uk/visiting/cycling)

Malvern Hills Trust are the charity that owns and cares for the Malvern Hills and Commons [www.malvern hills.org.uk](http://www.malvern hills.org.uk)